**Syracuse Al-Anon Information Service**

1118A Court St. Room 11 | Syracuse, NY 13208

For information call: 315-471-0191 (24/7)

News and Events

Service Center Hours

| | | |
|--|-----------|---------------------|
| Monday | 1st & 3rd | 1:00 PM – 4:00 PM |
| Monday | 2nd & 4th | 3:00 PM – 6:00 PM |
| Tuesday | | 11:00 AM – 2:00 PM |
| Wednesday | | 10:00 AM – 2:00 PM |
| Thursday | | 10:00 AM – 12:00 PM |
| Friday | | 10:30 AM – 12:30 PM |
| <i>Additionally: 1st Friday of every month</i> | | |
| | | 3:00 PM – 6:00 PM |

For Meeting Information Call:

1-888-425-2666

Visit Our Website at:www.syracuseais.org**Visit the World Service****Office (WSO) Website at:**www.al-anon.alateen.org**Newsletter Submissions:**

Send announcements and story suggestions to newsletter@syracuseais.org by the 15th of the month preceding the edition: March 15 for April/May edition, May 15 for the June/July edition, July 15 for the August/September edition etc.

Step 2

Came to believe that a power greater than ourselves could restore us to sanity.

Tradition 2

For our group purpose there is but one authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants: they do not govern.

Concept 2

The Al-Anon Family Groups have delegated complete administrative and operational authority to their Conference and its service arms.

A Newsletter Serving Al-Anon/Alateen Groups in Districts 3, 15, 18, 21, 28

Upcoming Events

 AL-ANON and ALATEEN

| | | |
|-------------------|--|---|
| Feb. 11-13 | 24th Annual Salt City Mid-Winter Round-Up www.saltcityroundup.com/ | Holiday Inn and Conference Center, Liverpool, NY |
| May 7 | District 3 Day of Sharing "Bloom in Al-Anon—Progress Not Perfection" | Baldwinsville Public Library 9:30 a.m. to 3:30 p.m. |
| May 20-22 | NYN 2011 AFG Spring Assembly/Convention Hosted by District 24: www.al-anon-8ny.org | Holiday Inn, 308 North Comrie Ave. Johnstown, NY 12078 |

Please submit event announcements for the April/May edition by March 15, 2011.

E-mail to newsletter@syracuseais.org or call 315-427-5307.

From the Chairperson

Hopefully, you're picking up this newsletter from the AIS table at this year's Annual Salt City Mid-Winter Roundup. If you are, we can check-off one of our AIS goals for 2011. We have found a new Newsletter Editor in Colleen K. and she brings a wealth of talent, as you can see, back to our sorely missed newsletter for Districts 3, 15, 18, 21, and 28. We established a goal of six editions of the newsletter for 2011 with the first edition planned for the Roundup. The theme for this year's Roundup—"Forever Growing Together"—reminds me of how far we've come as a group of officers and coordinators and how I've learned so much personally from our "Old Timers". Of course, I mean that in the kindest way!

A few reminders to anyone looking to join the team, we're always looking for volunteers. You could answer phones at the AIS Center—Monday thru Friday. Call 471-0191 for details. As important as volunteering, you could be a voice for Al-Anon and a conduit of information to your group. Learn more about this important service work by attending our monthly AIS Meeting on the fourth Monday of each month at the AIS Center (dates below). Meetings begin at 6:30 p.m. and end at 8 p.m. Call the number above for directions.

Don't forget to checkout our new website www.syracuseais.org. Enjoy the Roundup. I'll never forget my first one . . . and I thought I was alone with this problem of Alcoholism. Wow, was I filled with new hope after that event.

Your humble servant,
Pat M.

Save the Dates: AIS Meetings in 2011

February 28, March 28, April 25, May 16*, June 27, July 26, August 23, September 26*, October 24, November 22, December 5

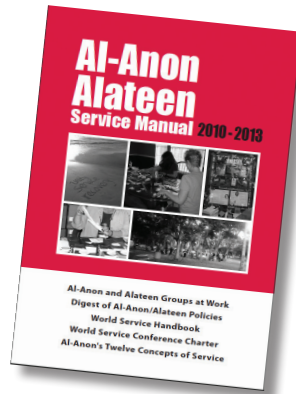
* Meeting will be held in Oswego 6:30 p.m. on these dates

Your 2010-2013 Al-Anon/Alateen Service Manual

Has your group received its complimentary copy of the 2010-2013 *Al-Anon/Alateen Service Manual* (P24/27) from WSO (World Service Office)? If not, please verify your CMA (current mailing address) with WSO. If you would like to purchase one, LDC (Literature Distribution Center) has them in stock at the Syracuse AIS Center. The cost is \$5. Any member or group representative may purchase one for his or her own use.

Here are some highlights as featured in Elaine R.'s column in the December 2010 issue of *Northern Hi Lights* (www.nynafg.com/pdf/1210.pdf).

- NEW tabs/contents pages, to make finding the sections and topics easier than ever.
- “Groups at Work” revised, with easy-to-follow meeting format, group registration information, group business suggestions, and much more. A separate booklet of this section is available (P-24, also available at AIS for \$1), so that every member of a group can have one!



- “Digest of Al-Anon/Alateen Policies” contains policies that have evolved over the years based on groups’ experiences and discussion at Al-Anon/ Alateen’s largest group conscience, the annual World Service Conference (WSC).

Changes in this edition include:

- A New “Alateen Policy” section
- Revised and expanded “Financial Matters” section
- Revised text regarding “Use of Materials at Al-Anon Meetings
- “World Service Handbook” explains the Al-Anon service structure and how our service arms are connected to the World Service Conference (WSC).
- Al-Anon World Service Conference Charter is now in its own well-deserved section.
- “Al-Anon’s Twelve Concepts of Service” provides in-depth discussion of our Third Legacy.

There have been some great changes to our service manual. Our delegate, Elaine R. is hopeful that all groups will consider making the *Al-Anon/ Alateen Groups at Work* (P-24) booklet available to group members, especially those who are serving in any capacity in the group meeting.

Once again, AIS has these valuable references in stock.

Officers and Coordinators

| | |
|------------------|--|
| Chairperson: | Pat M. chair@syracuseais.org |
| Alt. Chair: | Cathy A. alternate@syracuseais.org |
| Secretary: | Pam A. secretary@syracuseais.org |
| Treasurer: | Jerry H. treasurer@syracuseais.org |
| Literature: | Cathy A. literature@syracuseais.org |
| Alateen: | Helen H. alateen@syracuseais.org |
| Website: | Kathi D. contact@syracuseais.org |
| Archivist: | Kathy M. archives@syracuseais.org |
| Public Outreach: | Open |
| Newsletter: | Colleen K. newsletter@syracuseais.org |
| Service Center: | Ruth S. service@syracuseais.org |

Announcements and Reminders

VOLUNTEERS NEEDED: The AIS Center is always eager to hear from anyone interested in volunteering their time to come in and help staff the center, answering phones etc.

Contact: Ruth S.

e-mail: contact@syracuseais.org

phone: 315-471-0191

VOLUNTEERS NEEDED FOR LOCAL CORPORATE HEALTH FAIR:

Syracuse AIS has been asked to staff an information table/ booth during Pepsi's upcoming Health Fair. We plan on providing CAL (conference approved literature), meeting schedules, and answering questions. Cathy A. will head-up this project and will staff our spot from 9 to 11:30 a.m. Ruth S. will take over beginning at 11:30 a.m. We are looking for volunteers to help Ruth in the afternoon. Just an hour or two of your time would help greatly and allow for breaks. If you can help contact Cathy A. or Ruth S. (see below). This is the type of public outreach we would like to participate in to help spread the word about Al-Anon.

Contact: Cathy A. at alternate@syracuseais.org or 635-6920 or Ruth S. at

service@syracuseais.org or 638-2734

AIS WEB SITE: Syracuse AIS is fortunate to have a wonderful web site (www.syracuseais.org). Check it often for late breaking news, announcements, and volunteer opportunities, to post your group's announcements or to share about recent service projects.

Contact: Kathi D.

e-mail: contact@syracuseais.org

ALATEEN: Alateen is part of Al-Anon Family Groups. (Alateen is Al-Anon) Alateen is a fellowship of young people whose lives have been affected by alcoholism in a family member or close friend. Alateen is not a program for young people seeking sobriety. Alateen members are members of Al-Anon Family Groups who are seeking recovery from the effects of someone else's drinking. They share their experience, strength, and hope with each other. They may include younger members. Alateen meetings are closed, attended by Alateen and the Area-certified Alateen Group Sponsors only.

—*Alateen Training Module I (Overview of Alateen Service)*