

**Syracuse Al-Anon Information Service**

1118A Court St. Room 11 | Syracuse, NY 13208

For information call: 315-471-0191 (24/7)

News and Events

Service Center Hours

Monday (all)	10:00 AM – 12:00 PM
Monday 1st & 3rd	1:00 PM – 4:00 PM
Tuesday	10:30 AM – 4:30 PM
Wednesday	1:00 AM – 5:00 PM
Thursday	10:00 AM – 12:00 PM and 2:00 PM to 4:00 P.M.
Friday	10:00 AM – 12:00 PM

For Meeting Information Call:

1-888-425-2666

Visit Our Website at:

www.syracuseais.org

Visit the World Service**Office (WSO) Website at:**

www.al-anon.alateen.org

Newsletter Submissions:

Send announcements and story suggestions to newsletter@syracuseais.org by the 20th of the month preceding the edition: January 20 for the February/March edition etc.

A Newsletter Serving Al-Anon/Alateen Groups in Districts 3, 15, 18, 21, 28

Upcoming Events

 AL-ANON and ALATEEN

December 3	AIS Monthly Meeting	6:30 p.m. at AIS Service Center 1118A Court St. (Room 11), Syracuse NY
December 25	Circle of Hope Group	WILL NOT MEET on Christmas Day
January 1	Circle of Hope Group	WILL meet from 7:30 to 8:30 as usual
January 11	2013 Fall Assembly Planning Committee Meeting <i>See story on page 2</i>	5:00 to 6:15 p.m. at AIS Service Center 1118A Court St. (Room 11), Syracuse NY
January 15	District 18 Meeting	5:30 p.m. at AIS Service Center 1118A Court St. (Room 11), Syracuse NY
January 22	Circle of Hope 18th Anniversary Meeting 7:30 to 8:30 p.m. Al-Anon and Alateen Speakers	Light refreshments will be served. St. Paul's Methodist Church, 2200 Valley Dr., Syracuse. Park in back.
May 10-12, 2013	NYN Spring Convention 2013 Save the Date	Crowne Plaza Resort and Golf Club Lake Placid, NY
Ongoing	These Meetings Could Use Support: Thursday Evening Serenity Group — 5:30 to 6:30 p.m., NSEA Building, 210 S. Main St., North Syracuse. In the next few weeks, the group will begin to use the book <i>Discovering Choices</i> . One in Thirty-One — 10:30 a.m. Wednesday at Open House, 1947 W. Fayette St.	

Step 1

We admitted we were powerless over alcohol—that our lives had become unmanageable.

Tradition 1

Our common welfare should come first; personal progress for the greatest number depends upon unity.

Concept 1

The Ultimate Responsibility and Authority for Al-Anon World Services Belongs to the Al-Anon Groups.

MY TOP 10 LIST *the benefits of Al-Anon service* BY SUE G., ILLINOISREPRINTED FROM *THE FORUM* JANUARY 2010

Although I have been a member of Al-Anon for 12 years, it wasn't until a year ago that I decided to become involved in service.

I found that what I feared for so many years has turned into my greatest blessing. Every time I am asked to be of service, I learn more about why this program continues to work miracles in so many lives, including mine.

Here are my top ten personal reasons for participating in Al-Anon service:

10 I want to keep my program fresh and interesting.

9 I want to show how grateful I am that others have kept this program alive all these years.

8 I want to learn all I can about the structure of Al-Anon.

7 I want to discover any new talents that I may have that might boost my self-esteem.

6 I want to hang out with the winners and walk the walk.

5 I want to practice cooperation, humility, respect for others, honesty, and love for my Al-Anon friends.

4 I want a spiritual program.

3 I want to set a good example for newcomers and members I sponsor.

2 I want to be remembered fondly as a trusted servant, just like those I remember who came before me.

1 **I need to be assured that the Al-Anon Family Groups will be there for as long as there are people who suffer from the effects of alcoholism. And, "Let It Begin with Me."**

September 20-22

2013 Fall Assembly

“**H**arvesting the Fruits of Recovery” is the theme for the 2013 Fall Assembly at the Comfort Inn, Buckley Road, Liverpool, September 20-22.

You can be a part of Tradition 1 and Concept 4 by participating in the unity of Al-Anon groups in New York State and the world.

The Planning Committee is looking for people who may be interested in participating in the following activities for an hour, a day, or to help in the planning:

- Make a Basket for the raffle which raises funds to help pay for the event – your group can do one together
- Hospitality (an individual or AFG group could host this room with donations and attendance from individuals and groups)
- Banquet Arrangements (find speakers, decide on menu, table arrangements, etc.)
- Signs (parking, rest rooms, meeting room schedule, etc.)
- Attraction (flyers, put announcements in newsletters, websites, etc.)
- Greeters (to welcome and help orient people when they arrive)
- Literature Table (literature sales and orders, including the Forum)

- Decorations (registration giveaways, fund raiser items, banquet tables, banner)
- Registration (meet & greet; create “packets”; answer questions)
- Unsure, but willing to consider participating when the time comes

Please call or email with your questions and interests. It is important that we know early so we can plan accordingly. You can call or email the Planning Co-Chairs: Susan A. at 378-0353 susana-dair@verizon.net, or Lucy J. at 452-3258 Lrosej@verizon.net.

What is an Al-Anon Assembly?

An Al-Anon Assembly is where a representative from each group in an area of the United States or Internationally – we are in the “New York North” (NYN) Area – get together for a weekend two times a year to make decisions and report on activity that enhances and sustains the unity of Al-Anon as a whole (Tradition 1), such as outreach, newsletter, website, Alateen, literature, etc.

What is a District?

A district helps promote unity among Al-Anon groups in a smaller, more local section of an Area. District 15 and District 18 are hosting the 2013 Fall Assembly. Because of the abundance of groups and members in each district, we have an abundance of energy and talent to host such a big event. All groups and members of any district are encouraged to contribute.

What is involved in hosting an Assembly?

Like each group, the Assembly is self-supporting (Tradition 7) and relies only on the contributions made by Al-Anon Family Groups in the Area. So your contribution matters. Choose from the list of activities in this article that need to be done so that you can participate in making this event a success. In doing so, you can harvest even more of the fruits of recovery, including enjoyment in fellowship and a sense of accomplishment in supporting the unity of Al-Anon!

The next 2013 Fall Assembly planning meeting is **Friday, January 11, 2013 from 5 PM to 6:15 PM** at the Al-Anon Information Service (AIS) office.

Announcements and Reminders

THANK YOU!

The members and sponsors of the **There's Always Tomorrow Alateen Group** would like to thank all the Al-Anon Groups and individual Al-Anon and AA members who helped to make our NYNAC fund raisers a HUGE success. It is through your support that we were able to send six sponsors and 18 teens to Vanderkamp for NYNAC 2012. NYNAC was awesome with some dynamic workshops, talent show, dance and the opportunity to see old friends and make new ones. We wish everyone a holiday season filled with love, peace and serenity.

Gratefully,
There's Always Tomorrow Alateen
Members and Sponsors

VOLUNTEERS NEEDED: The AIS Center has a pressing need for volunteers to staff the center, answering phones etc. If you are looking for an opportunity to be of service to Al-Anon and/or Alateen please consider volunteering on a regular basis or as a “sub.” It is suggested that volunteers have a year of Al-Anon participation.

Contact: Sue M.
e-mail: contact@syracuseais.org
phone: 315-471-0191

LITERATURE: The AIS Center is often short of one dollar bills to make change for literature purchases. If you plan to visit the center to purchase literature with cash, please try to bring correct change or something close to it. Dollar bills appreciated. Thank you.

Contact: Pete L.
e-mail: literature@syracuseais.org

AIS WEB SITE: Syracuse AIS is fortunate to have a wonderful web site (www.syracuseais.org). Check it often for breaking news, announcements, and volunteer opportunities, to post your group's announcements or to share about recent service projects.

Contact: Kathi D.
e-mail: contact@syracuseais.org

Officers and Coordinators

Chairperson:	Vacant chair@syracuseais.org
Alt. Chair:	Vacant alternate@syracuseais.org
Secretary:	Vacant secretary@syracuseais.org
Treasurer:	Jerry H. treasurer@syracuseais.org
Literature:	Pete L. literature@syracuseais.org
Alateen:	Helen H. and Walt S. alateen@syracuseais.org
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