

**Syracuse Al-Anon Information Service**

1118A Court St. Room 11 | Syracuse, NY 13208

For information call: 315-471-0191 (24/7)

# News and Events

**Service Center Hours**

Monday (all)	10:00 AM – 12:00 PM
Monday 1st & 3rd	1:00 PM – 4:00 PM
Tuesday	10:30 AM – 4:30 PM
Wednesday	1:00 AM – 5:00 PM
Thursday	10:00 AM – 12:00 PM
Friday	10:00 AM – 12:00 PM

The Service Center is staffed by volunteers. Please call prior to your visit to ensure that someone will be there to assist you. Thanks!

**For Meeting Information Call:**

1-888-425-2666

**Visit Our Website at:**[www.syracuseais.org](http://www.syracuseais.org)**Visit the World Service Office (WSO)****Website at:** [www.al-anon.alateen.org](http://www.al-anon.alateen.org)**Newsletter Submissions:**

Send announcements and story suggestions to [newsletter@syracuseais.org](mailto:newsletter@syracuseais.org) by the 20th of the month preceding the edition: September 20 for the October/November edition etc.

**Step 9**

Made direct amends to such people wherever possible, except when to do so would injure them or others.

**Tradition 9**

Our groups, as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.

**Concept 9**

Good personal leadership at all service levels is a necessity. In the field of world service the Board of Trustees assumes the primary leadership.

A Newsletter Serving Al-Anon/Alateen Groups in Districts 3, 15, 18, 21, 28

## Upcoming Events

 AL-ANON and ALATEEN

<b>August 3</b>	<b>Fall Assembly Planning Meeting</b>	12 p.m. at the Onondaga Valley Presbyterian Church (West Seneca Tpk. and Academy Green) Contact Susan A. at 378-0353 to volunteer.
<b>August 6</b>	<b>District 18 Meeting</b>	5:30 p.m. at the AIS Service Center
<b>August 11</b>	<b>District 18 Picnic</b> Open Al-Anon Meeting at 10 AM — Spirituality Panel	Cedar Bay Park, located on Cedar Bay Rd. between Kinne Rd. and Burdick St., \$3/person or \$5/family. Donations to support NYNAC. Bring a dish to pass. Coffee, hot dogs and hamburgers provided.
<b>August 24</b>	<b>5th Annual There's Always Tomorrow Alateen NYNAC Fund-Raising Spaghetti Dinner</b>	St. Michael's Lutheran Church, West Genesee St. & Hinsdale Rd., Camillus. Dinner served from 5 p.m. to 6 p.m. Alateen, Al-Anon & AA speakers begin promptly at 6:15. Call Walt at 380-6494 for donation suggestions and arrangements.
<b>Sept. 7</b>	<b>Final Fall Assembly Planning Meeting</b>	12 p.m. at the Onondaga Valley Presbyterian Church (West Seneca Tpk. and Academy Green) Contact Susan A. at 378-0353 to volunteer.
<b>Sept. 16</b>	<b>AIS Meeting in Oswego</b>	6:30 p.m. at Faith United Church, 12 Mark Fitzgibbons Dr., Oswego, NY 13126
<b>Sept. 20 – Sept. 22</b>	<b>2013 NYN Fall Assembly</b>	Comfort Inn on Buckley Road, Liverpool
<b>October 20</b>	<b>2014 Fall Election Assembly Committee meeting</b>	5:15 p.m. at the James St. United Methodist Church. Any help is welcomed.
<b>October 26</b>	<b>Circle of Hope Annual Day of Sharing</b>	Save the date! Watch for flyers!

**2013 NYN Fall Assembly Coming Soon! Volunteers Welcome!**

Because Districts 15 and 18 are co-hosting the 2013 NYN Fall Assembly in Syracuse this September, our attention is on planning the event and encouraging volunteers for September 20-22. We encourage you to attend the assembly and ask you and your group to participate in this event. Individuals and groups can:

- make a basket for the raffle based on the theme—"Harvesting the Fruits of Recovery"
- donate a special item for raffle
- donate funds and/or food for hospitality refreshments
- come (in pairs is fun) for a couple of hours to be greeters, fresh coffee monitors, or to sell literature or work registration.

Your participation is key to the harmony, unity and success of Al-Anon in the Syracuse/Oswego area, New York State, and Al-Anon as a whole. Together we can make sure Al-Anon is here for another 60 years to support recovery for ourselves and for the newcomer! We aren't perfect but we help each other in a very special way!

Help us make this event a fun growth opportunity for everyone by signing up to help out in an area that interests you. Volunteers do not have to pay for registration. Contact Susan A. at 378-0353 for more information.

# Group Representation is Vital

From Ruth S., Area 39 Delegate and Diane C., Alternate Delegate

After attending our Spring Assembly in Lake Placid this year we noticed that several groups in our AIS Area (Dist. 3, 15, 18, 21 and 28) have not been represented for several years. **We asked ourselves, why!** Do these groups have Group Representatives (GRs)? Do they know what their GR's responsibilities are; do they know what an Assembly is and why they should send their GR or a representative to it? **Maybe not!**

Maybe looking at the *Al-Anon Alateen Service Manual 2010-2013* will help us answer some of these questions.

Let us first look at **page 147**; it states "A GR is a vital link in the continuing function, growth and unity of world Al-Anon".

On **page 45**, it states that the GR "acts as a liaison between the group and the District and between the groups and the Assembly" also "Works through the District to initiate Public Outreach and serves as a local representative of the Al-Anon Alateen magazine *The Forum*."

On **page 66**, it states that, "the GR is a member who represents the group at the District and Assembly meetings where they share information and bring that information back to the group."

On **page 123-126** it explains what an Assembly is and how it operates.

Other pages such as **page 147-149** are helpful in letting your group know why you should have a GR or a contact person to represent you at Assemblies.

At our Spring Assembly our Delegate, gives us a full report about things that were discussed and voted on at the World Service Conference. At the Fall Assembly, she gives us updates about decisions that are made during the year. We learn how our donations are used to carry the message of recovery to groups around the world. She shares with us about new Public Outreach plans that are used on television, radio, newspapers and the internet. Our coordinators

report what they are doing to help carry the message to the groups about new literature that is being published, use of our newsletter, *Northern Highlights* and the *Forum Magazine*. We learn about how to update our records, about Alateen and NYNAC (Alateen Conference held each year) issues. The Treasurer gives us a Report about our income and expenses. Policies that affect New York North are discussed and voted upon.

Here are some of the most recent issues that have been presented at our Assemblies and will continue into 2013:

- election of Ruth S. as our Delegate for 2011-2013
- budget for 2013 (and previous years) and approval of expenses
- the need for groups/individuals to opt-in to receive a hard copy of the *Northern Highlights*. (This was done after many years of research.)
- area inventory
- updates to our New York North Area Guidelines
- work on "Thought Forces" to better encourage groups to elect GR's and attend assemblies
- ensuring that group information (meeting times, location and current mailing address) is up-to-date at WSO

The most important reason you should have your GR or someone from your group represent you at the Assembly, is that **this is where your voice is heard!**

So please ask your GR or someone from your Group to attend the Fall Assembly in Syracuse on September 20-22nd. Registration forms are on the Syracuse AIS website <http://syracuseais.org> and at the New York North website <http://nynafg.com/> or in the *Northern Hi Lights*. If you are concerned that your group does not have the money, think about sending your representative for the Saturday Only.

**Hope to see you or your GR at the Fall Assembly. Tell us which Group you represent. We welcome You!**

## Announcements and Reminders

### SYRACUSE AIS ARCHIVES:

Syracuse AIS Archives is seeking materials your group may wish to donate.

**Contact:** Kathy M., Archivist

**e-mail:** [kmantaro@twcny.rr.com](mailto:kmantaro@twcny.rr.com).

### SECRETARY NEEDED FOR DISTRICT 18:

District 18 is in dire need of a secretary to do the monthly minutes. Our next District 18 meeting is August 6 at 5:30 p.m. at the AIS Service Center. If you are available to serve as district secretary, please contact Louise.

**Contact:** Louise F.

**e-mail:** [leflyn314@verizon.net](mailto:leflyn314@verizon.net)

### AIS MEETINGS IN 2013:

**Mondays:** September 16 (in Oswego), October 28, December 2 at 6:30 unless otherwise noted.

**AIS WEB SITE:** Syracuse AIS has a wonderful Web site ([www.syracuseais.org](http://www.syracuseais.org)). Check it often for announcements, meeting schedule updates, and volunteer opportunities.

**Contact:** Kathi D.

**e-mail:** [contact@syracuseais.org](mailto:contact@syracuseais.org)

## Officers and Coordinators

Chairperson:	Vacant <a href="mailto:chair@syracuseais.org">chair@syracuseais.org</a>
Alt. Chair:	Vacant <a href="mailto:alternate@syracuseais.org">alternate@syracuseais.org</a>
Secretary:	Vacant <a href="mailto:secretary@syracuseais.org">secretary@syracuseais.org</a>
Treasurer:	Jerry H. <a href="mailto:treasurer@syracuseais.org">treasurer@syracuseais.org</a>
Literature:	Pete L. <a href="mailto:literature@syracuseais.org">literature@syracuseais.org</a>
Alateen:	Helen H. and Walt S. <a href="mailto:alateen@syracuseais.org">alateen@syracuseais.org</a>
Website:	Kathi D. <a href="mailto:contact@syracuseais.org">contact@syracuseais.org</a>
Public Outreach:	Nancy P. <a href="mailto:po@syracuseais.org">po@syracuseais.org</a>
Newsletter:	Colleen K. <a href="mailto:newsletter@syracuseais.org">newsletter@syracuseais.org</a>
Service Center:	Sue M. <a href="mailto:service@syracuseais.org">service@syracuseais.org</a>