



Syracuse Al-Anon Information Service

1118A Court St. Room 11 | Syracuse, NY 13208
For information call: 315-471-0191 (24/7)

News and Events

Service Center Hours

Table with 3 columns: Day, Time, and Location/Notes. Rows include Monday (all), Monday 1st & 3rd, Tuesday, Wednesday, Thursday, and Friday.

The Service Center is staffed by volunteers. Please call prior to your visit to ensure that someone will be there to assist you. Thanks!

For Meeting Information Call:

1-888-425-2666

Visit Our Website at:

www.syracuseais.org

Visit the World Service Office (WSO)

Website at: www.al-anon.alateen.org

Newsletter Submissions:

Send announcements and story suggestions to newsletter@syracuseais.org by the 20th of the month preceding the edition: November 20 for the December/January edition etc.

Step 11

Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.

Tradition 11

Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, films, and TV. We need guard with special care the anonymity of all AA members.

Concept 11

The World Service Office is composed of selected committees, executives and staff members. Good personal leadership at all service levels is a necessity. In the field of world service the Board of Trustees assumes the primary leadership.

A Newsletter Serving Al-Anon/Alateen Groups in Districts 3, 15, 18, 21, 28

Upcoming Events AL-ANON and ALATEEN

- October 20 2014 Fall Election Assembly Committee meeting 5:15 p.m. at the James St. United Methodist Church. Any help is welcomed.
October 26 Circle of Hope Annual Day of Sharing \$4 registration includes lunch. Skit, Panels, Raffles (50/50 and other). Literature for Sale. Craft project. Al-Anon, Alateen and AA Speaker in the afternoon.
October 28 AIS Monthly Meeting 6:30 at the AIS Service Center, 1118A Court St. Room 11.
November 9 District 21 Day of Sharing 9 a.m.-3 p.m. at All Saints' Episcopal Church, 153 South First Street, Fulton, NY

Important News About our Information Service Center!

The Al-Anon/Alateen Information Service Center received a letter recently from Sister Roberta Smith on behalf of the Sisters of St. Francis. The AIS Center is currently housed in the basement on the campus of the Sisters of St. Francis community. As many are aware, one of the Sisters' own, Mother Marianne Cope was canonized in 2012, and there have been many discussions about how to honor her on these premises. Last month, St. Joseph's Hospital offered space for a shrine and museum. Along with the Sisters' plans to move to their own new residence, they have decided to sell the campus on Court Street. Our lease is good until December. Then they have offered to extend it on a month-to-month basis beginning January 1, 2014.

The Al-Anon/Alateen Information Service Center services a wide area. It contains a large inventory of literature and is large enough to hold meetings. It's a place where our members and future members can call and speak to volunteers regarding questions and concerns.

—Sue M., Service Center Coordinator

Updated Schedules

The meeting schedule published by AIS was updated in September. Also available from AIS is a Group

Expense/Contribution Checklist and an AIS Information Brochure. If your group would like any of these items, please contact the Service Center or e-mail newsletter@syracuseais.org.

Includes 'Tracking Sheet: Group Expenses & Contributions', 'The Syracuse Al-Anon Information Service' logo, and a 'Syracuse Al-Anon Information Service Meeting Schedule - Web Version' table listing districts, dates, times, and locations for various meetings.

# From Our AIS Archives Coordinator

This month, I was asked to write a brief AIS Archives Coordinator job description. Below you will find the description.

Be familiar with G-30, *Guidelines for an Area Archives*.

It would be helpful to have an interest in history and research.

## RESPONSIBILITIES:

1. Attend AIS meetings.
2. Present a verbal report at AIS meetings; provide a written report to the AIS Secretary.
3. Collect and preserve the heritage of Al-Anon/Alateen's past in the Syracuse AIS archives.
4. Maintain contact and work closely with the New York North archivist.
5. Serve as a reference source for AIS officers, coordinators, and District Representatives in researching information.
6. Be familiar with the contents of the AIS archives, so it can be used as an information resource.

## SUGGESTIONS

1. Encourage participation of groups, districts, and the AIS in continuing to search for and preserve Al-Anon/Alateen historical material.
2. Use of tape recordings at district/group level to interview longtime members. (The guidelines are in the archives).

Currently for Oct./Nov., I will be at AIS on the first and third Mondays of the month from 1:00-4:00 pm.

If you like history and/or research, stop in on one of those days.

You might really enjoy doing AIS archives.

You could say that, "I dwell in the past"...but as Archives Coordinator it is allowable and preferable!

—Kathy M., AIS Archives Coordinator

*"I would lie in bed at night  
and say the alphabet,  
counting all the things I had  
to be grateful for, starting  
with the letter A . . .  
This made a great change  
in my life."*

— Courage to Change, page 264

## Announcements and Reminders

### SYRACUSE AIS ARCHIVES:

Syracuse AIS Archives is seeking materials your group may wish to donate.

**Contact:** Kathy M., Archivist

**e-mail:** kmantaro@twcny.rr.com.

### AIS MEETINGS IN 2013:

**Mondays:** October 28, December 2 at 6:30 unless otherwise noted.

**AIS WEB SITE:** Syracuse AIS has a wonderful Web site ([www.syracuseais.org](http://www.syracuseais.org)). Check it often for announcements, meeting schedule updates, and volunteer opportunities.

**Contact:** Kathi D.

**e-mail:** [contact@syracuseais.org](mailto:contact@syracuseais.org)

## Thank You!

We, the members of the 2013 Fall Assembly Planning Committee want to thank you for all your support in hosting the Fall Assembly. Whether you gave of service by attending as a Group Representative or a designee, volunteered as a greeter, helped set up or clean up, worked in the hospitality room, gave a gift basket, money, or sold tickets or literature, your help was appreciated.

The weekend was successful and we received many complements.

Thank you, again, from the 2013 Fall Assembly Planning Committee.

## Officers and Coordinators

**Chairperson:** Vacant  
[chair@syracuseais.org](mailto:chair@syracuseais.org)

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[newsletter@syracuseais.org](mailto:newsletter@syracuseais.org)

**Service Center:** Sue M.  
[service@syracuseais.org](mailto:service@syracuseais.org)

## Al-Anon's new workbook!

**R**eaching for Personal Freedom—Living the Legacies takes a very personal approach in helping members familiarize themselves with our three Legacies. Insightful introductions of each of the Twelve Steps, Traditions, and Concepts of Service are followed by perceptive examples from members who share how they have applied these principles to their personal lives. Each story is accompanied by thought-provoking questions and space to write.

This workbook can be used for personal study, partnership with a Sponsor, or group study during meetings. Reaching for Personal Freedom gives readers an opportunity to expand their understanding of the spiritual foundation of our program and experience a new awareness of their personal potential.

